



Lemur Health is delighted to launch a learning experience platform to help businesses meet their training and compliance obligations.

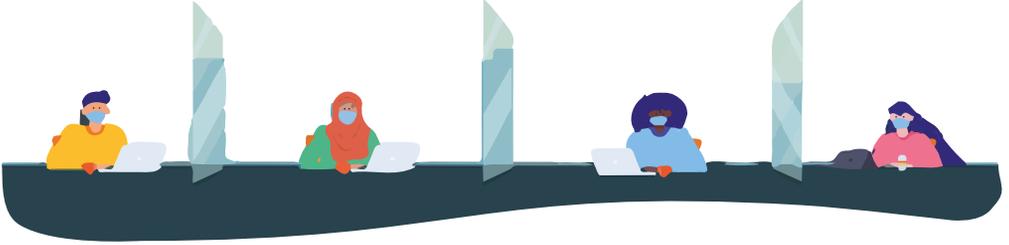
We are established in the corporate wellbeing sector in providing credible evidence-based education on the risk factors that influence poor health combined with management training to better support employees.

To influence any sustained positive behaviour or attitude change, psychoeducation explains how health and wellbeing may be impacted and explores the reasons why an action is needed.

Our founder, Emma Persand, volunteered back into Occupational Health in the NHS in March to support the frontline workers. Health Care Professionals practise standard infection control procedures to maintain the safety for themselves, patients, and colleagues and prevent transmitting the virus through unsafe behaviours.

## Covid-19. Infection Control at home and in the workplace

Heading into winter with a rise of infection rates and a real possibility of further lockdown measures it is imperative that we all adopt the same safe ways of living and working to be Covid Secure. It is therefore only fitting that our first course has been designed with safety for all in mind.



This course is designed to support organisations with their workplace risk management and to help minimise business disruption with robust infection control behaviours.



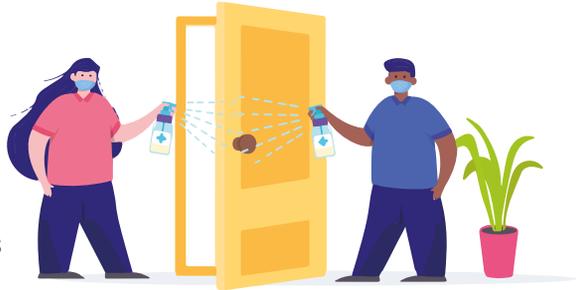
Please contact [info@lemurhealth.com](mailto:info@lemurhealth.com) to discuss improving your employees awareness on the chain of infection and the practises needed to stay Covid Secure.



## Learning Outcomes

On completion learners will:

- Understand the nature and effects of Covid-19
- Know how to minimise the chance of exposure to Covid-19
- Understand the chain of infection and the role of preventive actions
- Understand the role in protecting individuals who have a higher risk of serious health outcomes
- Assess own risk based on a framework that includes the amount of time spent with people and the environment you are in
- Understand the role in supporting your immune system through healthy behaviours



- Understand that it is everyone's responsibility to behave in a way that stops the spread of Covid-19

**Duration:** 30 minutes

Optimised for desktop, tablet and mobile

**Audience:** This course is designed for all levels across the organisation to promote safety at work. It meets the accessibility standards.

Please contact [info@lemurhealth.com](mailto:info@lemurhealth.com) if you require translation assistance and we will work with you to achieve this wherever we can.

**Coming soon - Mental Health during and after the pandemic** - courses and education sessions focused on the impact that living and working during the pandemic has had on our society as a whole and the disproportionate poorer outcomes some communities and individuals have experienced.

Before Covid-19, an estimated 140 million working days were lost each year to sickness absence, costing the UK £22bn each year. The pandemic could push these figures much higher with some experts suggesting up to 15% of gross domestic product. Approximating UK GDP at £2tn, this would equate to £300bn.

There is emerging research to suggest that organisational measures to reduce risk and prioritise health are associated with a lower risk of poor mental health among returning employees.

Our culture, including the workplace, has been identified as one of the factors contributing to the disparities in outcomes for the ethnic diverse community, women's health, people with disability and the psychological health of all. The legacy of the pandemic can be positive if we all begin to understand and collectively address the factors that influence health outcomes. Learning is the first step.



For more information, please contact  
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